

# Kids and Traffic Key Road Safety Messages for all the adults in a child's life

## When children are walking near roads, footpaths, driveways and car parks,

- hold their hands until they are at least 8 years old
- ensure they hold onto a pram, stroller, bag, trolley or your clothing if you cannot hold their hand
- closely supervise them up to at least the age of 10 years.



## BEFORE driving with children

Visit an authorised restraint fitter to make sure each child's restraint is

- certified to meet the Australian/New Zealand Standard
- correctly installed and checked
- correct for the child's age and size<sup>1</sup> according to the law<sup>2</sup>.

### For children –

**Younger than 6 months –**  
rearward facing child restraints

**Between 6 months and 4 years –**  
either rear or forward facing child restraints

**Between 4 and 7 years –**  
either forward facing child restraints or booster seats.

**From 7 years –**  
Forward facing child restraints or booster seats (fastened with a lap/sash seatbelt) or, if they no longer physically fit in a child restraint or booster, adult seatbelts.

<sup>1</sup> For more details, visit '[Child Car Seats](#)'.  
<sup>2</sup> [NSW Road Rules](#) 2014, Rule 266



To be optimally protected in the event of a crash, children should stay in the specified restraint type for as long as physically possible.

## WHILE driving with children, make sure they

- are always buckled up in their child restraint or booster seat and stay buckled up, awake or asleep, no matter how short the journey enter and exit the car through the 'Safety Door' – usually the left-hand rear kerbside door.
- Ensure more mobile children **enter first** and **exit last** to help keep them safe
- sit in the back seat. In a vehicle with two or more rows of seats, children under 4 years must not sit in the front seat. Children between 4 and 7 years can only sit in the front seat in a booster seat if all the back seats are taken up by children under 7 years of age.

## When children are playing or cycling

- make sure the area is safe and away from vehicles and water
- actively supervise them while they are playing
- check they are wearing a correctly fitted helmet, suitable clothing and enclosed shoes when riding wheeled toys and bikes.



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